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Most Popular!

INCLUSIONS	CUSTOM CALORIES	VOXER COACHING	1:1 PRIVATE COACHING	VIP EXPERIENCE
Personalized calorie and macros calculated for you	✓	✓	✓	✓
Texting and voice messaging support and accountability		✓	✓	✓
Access to women's fitness memebership		✓	✓	✓
Private 1:1 check-ins with customized calorie tweaks			✓	✓
100% money back guarantee			✓	✓
Custom workout plan				✓
Custom meal plan built and logged directly into your My Fitness Pal			Best value!	✓
Length of commitment & Investment	ONE TIME \$199	ONE MONTH \$497	FOUR MONTHS \$400/MONTH	FOUR MONTHS \$600 PER MONTH



# Client Results

Clothes definitely fitting better. Pants are not as tight on my thighs. Shirts not as tight in my stomach. I feel like my face isn't looking as round as well. My husband has noticed as well. Says I'm getting smaller. I feel good! I feel like I've lost more then 20lbs to be honest.



**20 lbs in 4 months eating over 1800 calories and finally getting off the diet rollercoaster**

Wins- I was able to get 5 walks in! My picture progress is Finally showing some changes! I feel stronger and have more energy to play with the kids. I get more accomplished around the house because I don't always feel exhausted and need to rest.



**50 lbs + over 40 inches lost, eating 1700+ calories & feeling amazing!**



**Lose 16 lbs, eating 1700+ calories per day with little cardio after only 3 months of working with me**

A

Alyssa

My win this week is that I can get my wedding ring on again! It's still snug but I can wear it! I haven't been able to wear it for years now.

## Their stories... (CLICK!)

**JEN FINALLY GOT OFF THE DIET ROLLERCOASTER**

**AMANDA GOT STRONGER & SMALLER**

**KATIE BECAME A BETTER MOM**

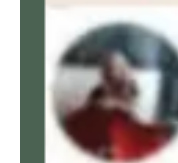
**FOOD STOPPED CONTROLLING HEATHER**



Deanna

I put on my shorts from last summer and they fit!!!! I was seriously so nervous to try them on. The scale hasn't moved much, but I'm losing inches. I also had 4 days this week that I hit the 10000 step mark. That's a huge improvement. Slowly but surely it's happening!!

I just want to add a thank you to you Taylor. I hit 40lbs lost and I'm so thankful for your guidance and encouragement. You have a true passion for what you do.



Leah

Taylor Kiser my clothes fit better I am sure. I will weigh again soon but have felt I should focus on loving my body and the scale causes me to judge myself very harshly. I know I'm healthier and stronger and happier!